



Our Programs:

Weekly:

- Chair exercise three times per week, plus weekly choir practice, shuffleboard, movie, darts, bean bag baseball, sketching, Bingo, knitting and cards & games.

Monthly:

- Monthly membership meeting, with speakers, free refreshments, and a blood pressure clinic; all are welcome
- Daily coffee hour
- Foot Care
- Teas, Luncheons, Bazaars and fundraisers to celebrate special and seasonal events

Special multi-week sessions:

- Community Kitchen, and others

Membership :

- Full membership is open to all individuals age 50 plus in the City of Greater Sudbury.
- For a small membership fee of \$13.00 a year or \$25.00 if you wish to have the newsletter mailed, you are entitled to participate in all activities. Most special events have a cost to cover expenses.
- Memberships are to be renewed in January of every year. The memberships go from January to December each year.



“Living experiences with these seniors has reinforced my belief that life is wonderful and meant to be lived with love and joy every day.”

- Christine Piilonen, President

**ONE ELEVEN
SENIOR CITIZENS'
CENTRE INC.**

2019

Program Information



Officers, Directors and Staff

BOARD EXECUTIVE:

President: Christine Pilonen
 1st Vice President: Freda Wilson
 2nd Vice President: Shirley Hatfield
 Secretary: Helen Viau
 Treasurer: Teresa Chiong

DIRECTORS:

Margaret Nykilchyk
 Ruth-Ann O'Halloran
 Suzanne LeFrancois
 Linda Dickerson
 Jane Baggs

STAFF:

Executive Director
 Susan Levesque

Our Mission:

The One Eleven Senior Citizens' Centre Inc. ensures that seniors from the City of Greater Sudbury have the opportunity to be physically, socially and intellectually active.

We aim to encourage members to be:

- physically active by providing activities which promote a healthy lifestyle including exercise;
- socially active by offering activities which promote socialization and provides them the opportunity to make new friends;
- intellectually active by providing educational activities which stimulate the mind.

Our Funding :

We receive grants from the Ontario Seniors' Secretariat the City of Greater Sudbury, and the St. Andrew's Place Board. The remaining operating cost is met through membership fees, donations and fundraising.

About our Centre:

One Eleven Senior Citizens' Centre Inc. has been serving the seniors of downtown Sudbury and those living at St. Andrew's Place, since its incorporation in 1977.

CENTRE HOURS:

The Centre is open 5 days a week with programs operating Monday through Friday 9:00 a.m. to 4:00 p.m.

OUR COMMITMENT:

We are committed to our board members, members, employees and volunteers who work together to fulfill the centre's mission statement. They shall be respected at all times.

"One Eleven is everything to me."

- Eileen MacNeil, member



One Eleven Seniors' Choir at St. Joseph's Villa, Christmas 2015

Contact Us

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Visit us on Facebook:
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